



An early intervention service is provided for **children (0-6 years )** experiencing developmental delay or disability. We do not provide a service to schools.



**Occupational Therapists** assist people to overcome the challenges of illness, injury, disability, developmental delay and the ageing process.

At Orbost Regional Health we have a strong commitment in promoting health independence through education.

Independence and well-being is promoted using practical strategies.



# Occupational Therapy

at



## Support Groups

- Fibromyalgia
- Carers
- Parkinson's

**Aids and Equipment** enable people to carry out daily living tasks.



**Education and exercise groups** are run throughout the year. These programs assist people to manage a chronic health condition or recover from illness. They include:

- Falls Prevention
- Musculo-skeletal conditions i.e. arthritis, fibromyalgia
- Fit for Life



**Home modifications** promote independence and safety in the home. We come to your home to assess your needs.

